

FRONT RANGE family

A Guide for Colorado Parents and Kids

HEALTHY EATING HABITS

Packing Nutrition
in Kids' Lunches

We Denver

WHY THE MILE HIGH CITY IS TOPS FOR TOTS

Back to Cool!

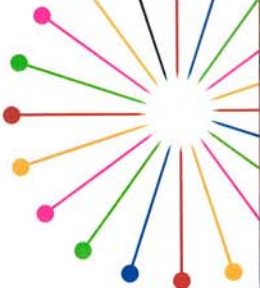
A+ fashion for the school set

GET OUT ON THE TRAILS

Great Fall Hikes for Families



Cool Kids' Rooms



Playful spaces, splashes of color and smart organizing make kids' rooms the most popular places in the house. Lita Dirks & Co. shows four rooms little ones will love. Sorry, no parents allowed.



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1. CONTROLLED CHAOS

A room that includes a contained place for a kid's chaos is a solution for all parents. Lita Dirks designed this room for kids ages six to 16, who want a place to put photos of friends, cool stickers or even pages from the latest fashion magazines. A framed bulletin board area gives them a special place with room for creativity of their own. You can even find storage systems to include in this mix, which give a place and space for everything.



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2. PRETTY IN PINK

Many girls dream of a pink room and the color is hot in today's decor trends, Dirks says. You'll see pink give way to fuchsia, while colors like berry, lipstick and coral are also popular. And darker or hotter pinks are a great color for the transitioning pre-teen to teenager, as they help create a subtle sophistication. This room is multifunctional – there's a space for studying, glamour and reading. And great lighting fixtures can add a playful touch of charm and pizzazz to any room.

3. SPACE SAVER

Friends and sleepovers take on a seafaring thrill with this fun nautical design. Bunk beds offer great opportunities for adventure, while providing a space-saving solution at the same time. Associated with fun activities such as sleepovers or scaling the pirate ship's side to save the day, they give kids a place to let their imaginations grow. Adding a theme to a bedroom can be as simple as adding art or as multi-faceted as this seaside bedroom escape.



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4. CENTER STAGE

Whether they're pretending to be the next rock star or Oscar-winning actor, kids love to perform. If they can't find a microphone nearby, the closest hairbrush will do. By creating space for a stage, a child's imagination can soar, plus it provides a terrific opportunity for family night performances, Dirks says.



Lita Dirks & Co.
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